

DMI Intensives

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Booking
Starts
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Everything
you need to
know about
booking an
intensive:

Treatment Sessions

- Intensives can range from 1 - 3 weeks long, 5 days per week, with the child participating in DMI therapy at least 2 sessions per day
- Each DMI session is 45-50 minutes long and should be spaced out by at least 1 hour to give your child a much-needed break.

A PT intensive session with me may include several DMI exercises, Total Motion Release Stretching, and working on age appropriate gross motor skills. I often include the hypervibe plate, and a swing for vestibular input.

All sessions are physically demanding so the schedule should be based on your child's endurance and tolerance to therapy. There will be times that parents may have to leave the room if the child seems to work harder without mom or dad around. Kids and parents will both shed some tears through the week as this is really hard work. It can be physically and emotionally exhausting. However, the gains made after an intensive make all the work worth it.

One of the most important aspects of the intensive is the home exercise program. This will be provided to you on the last few days of your intensive. I will provide you with specific exercises for you to continue after the intensive. This will help your child maintain and progress upon the skills obtained during the intensive. I will ensure you feel comfortable executing the exercise, before you leave 😊 Parent instruction and explanations can also be communicated during the last few minutes of the session.

To secure your intensive, I require a deposit upon booking that will go towards your total cost. The remaining balance shall be paid in cash on day 1 of the intensive. My rate is \$175 USD per session. We will know before starting how many visits you will be paying for. We are not able to refund if you just feel like you booked too many visits for your child once we have started. I do not provide super bills to submit to insurance. Insurance does not cover intensives and I require all self pay. Please also see cancellation policy on the next page.

2 sessions per day x 5 days (1 week) = \$1750- Deposit \$500

2 sessions per day x 10 days (2 weeks) = \$3500- Deposit \$1000

2 sessions per day x 15 days (3 weeks) = \$5250 Deposit \$1500

Deposits are non refundable but go towards the price of the intensive.

*Prices are subject to change.

Cancellation Policy:

If your child misses visits due to being sick you will need to show a Covid test result or doctor's excuse regarding inability to participate in order to be refunded for a visit. If I have to cancel for any reason your sessions and security deposit will be refunded.

If you have to cancel the entire intensive please give me as much time as possible. Deposits are non refundable. It's simply too difficult to find a new patient that fits in your chosen date and time slot.

Traveling to North Carolina:

My temporary office is located at 1142 Executive Circle, Cary, NC . We will be using this building until a state of the art medical building and hotel are built at our future home on Davis Dr. For this current office : When you park at the building, you walk downstairs, enter, and take the first door on the right. There is one marked parking spot for All Kids Are Perfect at the back of the building. Then, use the walkway in the back of the building if you cannot safely use stairs.

My office has a comfortable and home-like feel with a living room, playroom, and treatment room. We are located approximately 15 mins from the Raleigh/Durham airport. There are several hotels located near Kildaire Farms Rd (Executive Circle is directly off of Kildaire Farms Rd). There are 2 upscale hotels including The Mayton Inn and Umstead Hotel along with several nice hotels and suites including Hampton Inn, Courtyard Marriott, etc. The office is centrally located with lot's of good eating establishments and grocery stores.

Scheduling:

Scheduling is done on a first come first serve basis. I will get in touch with families in the order I receive the first email or Instagram dm. I can schedule up to 3-4 kids for an intensive week. The first child will have the first pick of a time in the a.m and then their 2nd visit in the p.m. Then on to the second child and so on. There will only be one family allowed in the office at a time.

What to bring to Intensives:

Ipad, snacks, juices, water, diapers, wipes, extra change of clothes, a pacifier if your little one uses one, a blanky or "lovie." Favorite videos sometimes help a child self soothe which enable us to continue with exercises. Stick in a bathing suit in case there is pool at your hotel. All medicines you may need. This list is not extensive...you get my drift. You want your child to be feeling as safe and comfortable as we can.

I am so excited about this venture and how many little kiddos we can help. On my instagram page I have a highlight for funding. I encourage you to do your own research as well for funding. I also offer gift cards to purchase on my website and through my instagram link. This is a great idea to give family members as gift ideas for birthdays and holiday presents. I look forward to working with you. Dana :)

What happens Next?

When you reach out to me by email please provide the following:

- the date you want to start and whether it is 1, 2, or 3 weeks
- Two visit times during the day. (my last visit is 3 pm) I will try my best to give you times that are good for your child.

After we decide on a time you will receive the following:

- An email from DocuSign that may say DKB Peds, LLC
- a google intake form (both of these have to be completed in order for me to give you a invoice and receipt of your deposit)
- I will contact you prior to your intensive to schedule a quick 15 min zoom call for final questions and to say hi to your little one.

COVID 19: Please provide a negative PCR test within 72 hours of start date or proof of vaccination on day 1. If you have symptoms please do not come.